INDIANA DEPARTMENT OF TRANSPORTATION



Design Memo No. 24-06

April 11, 2024

TO: All Design Personnel and Consultants

FROM: <u>/s/Luis A. Laracuente</u>

Luis A. Laracuente

Highway Engineering Director

SUBJECT: Interstate Highways Congestion Policy Contract Documents

EFFECTIVE: As noted

The Interstate Highways Congestion Policy (IHCP) governs limitations on operations that reduce the number of lanes, reduce the width of lanes, or otherwise cause congestion to occur on an Interstate route. This memo is a reminder that for projects on the interstate, approved lane and shoulder closure schedules (both pre-approved and exceptions) as well as any mitigation measures must be accurately reflected in contract documents.

Accurate lane and shoulder closure information as well as mitigation measures in the contract documents is essential for safety and operation within our work zones. Several recent projects have failed to include the closure schedule, mitigation measures, or have provided information that did not match the approved IHCP exception.

The designer is responsible for ensuring that the conditions of the IHCP, with or without exceptions, are included in the plans, pay items, and specifications.

Closure Schedule

Whether the closure schedule is pre-approved per the IHCP or granted through an IHCP exception, it must be accurately reflected in RSP 801-T-216, Lane Closures. The RSP should include all closures: lane closures, shoulder closures, ramp closures, as well as rolling slowdowns/temporary stoppages. It is not acceptable to simply reference the approved IHCP exception in the provision. An example IHCP exception and the associated RSP is included at the end of this memo.

Mitigation Measures

When the approved IHCP exception includes mitigation measures, those measures must be included in contract documents (plans, pay items, and specifications). Example mitigation measures are shown in the table at the end of this memo.

Final Tracings Checklist

Effective with contracts letting on or after August 1, 2024, the approved IHCP exception should be included in the Final Tracings submittal. The Final Tracings Checklist has been revised to include the Approved IHCP Exception. The documentis available from the Design Manual Editable Documents webpage, under Design Submittals.

Design Memo 24-06 1 | Page

| ERMS ID DOT_## #####) | Document Description | File Type | Remarks (see FT Checklist Additional Instructions) | Description Abbreviation | ERMS Doc. Type |
|-----------------------------|---|--------------|--|-----------------------------|-------------------|
| | Interstate Highways Closure Policy Exception | PDF | Interstate projects, if applicable | IHCPExc | Other |

Questions

Questions regarding this memo should be directed to the Highway Engineering Division at RoadReviewTeam@indot.in.gov.

Project-specific questions regarding IHCP exceptions should be coordinated with the appropriate District Traffic Engineer.

Example IHCP Exception Mitigation Measures

Additional strategies are discussed in the <u>INDOT Intelligent Work Zone Toolkit</u>, available on the <u>INDOT Traffic Engineering</u> webpage – Traffic Administration Office – Traffic Standards and Policies.

| Mitigation Measure | Provision | Pay Item | Comments |
|-----------------------|--------------------------|---------------------|---------------------|
| Queue Trucks | 801-T-236, Protect the | 801-12652 | |
| | Queue Trucks | Queue Truck | |
| Portable Changeable | Standard Specifications | 801-11642 | INDOT Guidelines |
| Message Signs (PCMS) | section 801.15 | Portable Changeable | <u>for Portable</u> |
| | | Message Sign | <u>Changeable</u> |
| | | | Message Signs |
| Temporary Stationary | Standard Specifications | 801-97643 | Portable devices |
| Transverse Rumble | section 801.12 | Temporary Buzz | should not be used |
| Strips | | Strips | for interstate |
| | | | applications. |
| Law Enforcement | 801-R-672, Law | 801-12324 | |
| Officer (LEO) | Enforcement Officer for | Law Enforcement | |
| | Work Zone Safety | Officer | |
| Automated Work Zone | Unique special provision | 801-12421 | |
| Information System | required | Automated Work | |
| | | Zone Information | |
| | | System | |
| Driver Feedback Signs | 801-T-231, Temporary | 801-12832 | |
| (Radar Speed Display) | Speed Feedback | Temporary Speed | |
| | Assembly | Feedback Assembly | |

Closure Schedule Example

The schedules shown in RSP 801-T-216, Lane Closures, must conform to the approved IHCP exception or pre-approved schedule. Adjustments to an approved schedule must be coordinated with the appropriate Area Engineer and IHCP approving authority.

A sample IHCP exception and completed RSP are shown on the following pages. The base content sections (Interstate Route, Segment, Travel Direction, etc.) in the RSP may need to be duplicated to accommodate different lane and shoulder closure schedules within the project.

Design Memo 24-06 2 | Page



INDIANA DEPARTMENT OF TRANSPORTATION

Driving Indiana's Economic Growth

Traffic Management Center 8620 East 21st Street Indianapolis, Indiana 46219

PHONE: (317) 899-8626 FAX: (317) 898-0897 Eric Holcomb, Governor Michael Smith, Commissioner

Example Approved IHCP Exception Cover Sheet

February 27, 2024

TO: [Name], [Title]

THRU: [Name], District Traffic Engineer

[District] Technical Services

FROM: [Name], Design Manager [District]

Capital Program Management

Signature 3/16/2024
Signature 3/1/2024

SUBJECT: Interstate Highway Congestion Policy Exception Request

Pavement Patching

[Interstate 00] in the Northbound and Southbound Directions - Various Location from 2.91 mi

N of SR [B] to [distance] mi S of US [000] (MM 000.1 to MM 100.1) in [Name] County

Contract No. M-00000 Des. No. 0000000

We have reviewed the attached policy exception request and concur with the analyses presented.

IHCP Allowable Closure: Single Lane Closure – Nighttime Only

Shoulder Closure – 9A to 3P, 7P to 6A, M-F & Weekend

Requested Closures: Shoulder Closure - 24/7

Single Lane Closure - additional non-nighttime hours will be permitted as

shown in Tables 1 and 2

Double Lane Closure - hours will be permitted as shown in Tables 1 and 2

Approved closure schedule. Include all information in RSP 801-T-216, Lane Closures.

Replicate table or include screen capture Contract M-000000 Des 00000000 in Approved closure schedule section of RSP 801-T-216 Contract M-000000 Des 00000000 February 27, 2024 Page 2

Table 1 Minimum Number of Open Lanes, I-65 Southbound MM 223.2-239 (2 Lane Section) Phases 1-2

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunda |
|-------------------|--------|---------|-----------|----------|--------|----------|-------|
| Midnight to 1 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 1 am to 2 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 2 am to 3 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 3 am to 4 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 4 am to 5 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 5 am to 6 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 6 am to 7 am | 1 | 1 | 1 | 1 | 2 | 1 | 1 |
| 7 am to 8 am | 2 | 2 | 2 | 2 | 2 | 1 | 1 |
| 8 am to 9 am | 2 | 2 | 2 | 2 | 2 | 2 | 1 |
| 9 am to 10 am | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 10 am to 11 am | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 11 am to Noon | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Noon to 1 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 1 pm to 2 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 2 pm to 3 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 3 pm to 4 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 pm to 5 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 5 pm to 6 pm | 2 | 2 | 2 | 2 | 2 | 1 | 2 |
| 6 pm to 7 pm | 2 | 2 | 2 | 2 | 2 | 1 | 2 |
| 7 pm to 8 pm | 2 | 2 | 2 | 2 | 2 | 1 | 2 |
| 8 pm to 9 pm | 2 | 2 | 2 | 2 | 2 | 4 | 2 |
| 9 pm to 10 pm | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 10 pm to 11 pm | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 11 pm to Midnight | 1. | 1 | 1 | 1 | 1 | 4 | 1 |

Table 2 Minimum Number of Open Lanes, I-65 Northbound MM 223.2-239 (2 Lane Section) Phases 1-2

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------|--------|---------|-----------|----------|--------|----------|--------|
| Midnight to 1 am | 1 | 1 | 1 | 1 | ì | 1 | 4 |
| 1 am to 2 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 2 am to 3 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 3 am to 4 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 4 am to 5 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 5 am to 6 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 6 am to 7 am | 11 | 1 | 1 | 1 | 1 | 1 | 1 |
| 7 am to 8 am | 2 | 2 | 2 | 2 | 2 | 1 | 1 |
| 8 am to 9 am | 2 | 2 | 2 | 2 | 2 | 1 | 1 |
| 9 am to 10 am | 2 | 2 | 2 | 2 | 2 | 2 | 1 |
| 10 am to 11 am | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 11 am to Noon | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Noon to 1 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 1 pm to 2 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 2 pm to 3 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 3 pm to 4 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 pm to 5 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 5 pm to 6 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 6 pm to 7 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 7 pm to 8 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 8 pm to 9 pm | 1 | 1 | 1 | 1 | 2 | 1 | 1 |
| 9 pm to 10 pm | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 10 pm to 11 pm | 1 | 1 | 1 | 1 | 1 | 1 | - 4 |
| 11 pm to Midnight | 11 | 1 | 1 | 1 | 1 | 111 | 1 |

Interstate Highway Congestion Policy Exception Request
Contract M-00000 Des 0000000
February 27, 2024
Page 3

Minimum Open Lanes: 1 lane in each direction will remain open during the closure periods. Anticipated Start of Closures: May 2024 Expected Duration of Closure: Summer 2024 Lane Width: 11 ft. Shoulder Width: Varies Type of barrier used: Zipper Wall The analysis indicates that queues within policy limits are anticipated from this closure. Policy Exception Approved: Signature
[Approving Authority Name] Date [Title] **Enclosures:** Policy Exception Request, Queue Analysis [Name] Director, Traffic Operations, Indianapolis Traffic Management Center cc: [Name] Supervisor, Work Zone Safety Section, Indianapolis Traffic Management Center [Name] Director, Construction Division, [Name] District [Name] Area Engineer, Construction Division, [Name] District [Name] Director, Technical Services Division, [Name] District [Name] Director, Highway Maintenance Division, [Name] District [Name] District Traffic Engineer, Technical Services, [Name] District [Name] Design Manager, Capital Program Management, [Name] District [Name]In-House Services, Capital Program Management, [Name] District [Name]Project Manager, Capital Program Management, [Name] District [Name] Director, Public Relations, [Name] District

Example mitigation measures from approved IHCP exception

Analysis and Justification for IHCP Exception Request
Page 9

ABBREVIATED TRANSPORTATION MANAGEMENT PLAN (TMP)

The following Abbreviated TMP will be followed throughout the construction of this project:

Traffic Control Plan (TCP)

The following is an outline of the TCP:

- The PE/PS (or the Contractor if so designated by the PE/PS) will notify the TMC at least 3 days ahead of any MOT change so that the appropriate ATIS messages (if available) can be displayed to inform motorists of the upcoming closure and for general information concerning the status of traffic operations on the Interstate Highways. The E mail addresses for these notifications are: indpc@isp.IN.gov and indytmc@indot.IN.gov. The PE/PS (or the Contractor if so designed by the PE/PS) shall call the TMC (317 899 8690x1) immediately prior to implementing any lane or shoulder restriction as a final notification and to provide project contacts / phone numbers that will be available for the duration of the restriction.
- All lane or shoulder restrictions will be closed and/or shifted in accordance with the IMUTCD and INDOT Specifications 105, 107 and 801.
- Unless determined otherwise by the PE/PS based on site conditions, Portable Changeable Message Signs (PCMS's) will be placed approximately 2 miles ahead of the construction signing to alert drivers that they should expect stopped or slowed traffic. If queuing is observed, extending within a ¼ mile of the PCMS's, the Contractor will adjust the PCMS placement to a position where they are at least ½ mile (but not more than 2 miles) in advance of the maximum observed queue.
- PCMS's shall be installed in accordance with the INDOT Guidelines for Portable Changeable Message Signs (PCMS). The guidelines can be found at: http://www.in.gov/dot/div/contracts/design/PCMS.pdf. Care should be used to monitor the excessive queues and place the PCMS's in advance of the observed queues to mitigate the risk to all stakeholders.
- Temporary Transverse Rumble Strips should be incorporated into the lane restrictions and placed in advance of the queues.
- Back of Queue Protection will be implemented with queue trucks equipped with "Be prepared to Stop" signs.
- If any lane closure occurs, other than what is allowed under this exception request, liquidated damages will be assessed as specified in the contract.
- LEO support for the work zones will be utilized as part of this contract.
 Automated Work Zone Information System will be utilized in advance of the observed queues.

801-T-216 LANE CLOSURES

(Revised 11-17-17)

The following closure schedule has been approved for this contract. Lanes shall be closed or restricted only during these times.

Interstate Route: I-00

Segment: from exit \underline{MM} 000.1 to exit \underline{MM} 100.1

Base content Travel direction: Southbound, Northbound

Number of lanes that may be restricted or closed: Shoulder

Approved closure schedule:

Shoulder closure 24/7

Additional conditions:

Base content duplicated to accomodate directional lane closure information. Do not otherwise modify.

Interstate Route: I-00

Segment: from exit $\underline{\text{MM 000.1}}$ to exit $\underline{\text{MM 050.0}}$ Travel direction: Southbound, Phases 1 and 2

Number of lanes that may be restricted or closed: See Table 1

Approved closure schedule:

Table 1 Minimum Number of Open Lanes, I-00 Southbound MM 000.1- 050.0 (2 Lane Section) Phases 1-2

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunda |
|-------------------|--------|---------|-----------|----------|--------|----------|-------|
| Midnight to 1 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 1 am to 2 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 2 am to 3 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 3 am to 4 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 4 am to 5 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 5 am to 6 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 6 am to 7 am | 1 | 1 | 1 | 1 | 2 | 1 | 1 |
| 7 am to 8 am | 2 | 2 | 2 | 2 | 2 | 1 | 1 |
| 8 am to 9 am | 2 | 2 | 2 | 2 | 2 | 2 | 1 |
| 9 am to 10 am | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 10 am to 11 am | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 11 am to Noon | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Noon to 1 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 1 pm to 2 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 2 pm to 3 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 3 pm to 4 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 pm to 5 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 5 pm to 6 pm | 2 | 2 | 2 | 2 | 2 | 1 | 2 |
| 6 pm to 7 pm | 2 | 2 | 2 | 2 | 2 | 1 | 2 |
| 7 pm to 8 pm | 2 | 2 | 2 | 2 | 2 | 1 | 2 |
| 8 pm to 9 pm | 2 | 2 | 2 | 2 | 2 | - 1 | 2 |
| 9 pm to 10 pm | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 10 pm to 11 pm | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 11 pm to Midnight | 1 | 1 | 1 | 1 | 1 | 1 | 1 |

| Additional conditions: | : |
|------------------------|---|
|------------------------|---|

Base content duplicated to accomodate directional lane closure information. Do not otherwise modify.

Interstate Route: I-00

Segment: from exit \underline{MM} 000.1 to exit \underline{MM} 050.0

Travel direction: Northbound, Phases 1 and 2

Number of lanes that may be restricted or closed: See Table 2

Approved closure schedule:

Phases 1 and 2

Table 2 Minimum Number of Open Lanes, I-00 Northbound MM 000.1- 050.0 (2 Lane Section) Phases 1-2

| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------|--------|---------|-----------|----------|--------|----------|--------|
| Midnight to 1 am | 1 | 1 | 2 | 1 | 1 | 1 | 1 |
| 1 am to 2 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 2 am to 3 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 3 am to 4 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 4 am to 5 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 5 am to 6 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 6 am to 7 am | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 7 am to 8 am | 2 | 2 | 2 | 2 | 2 | 1 | 1 |
| 8 am to 9 am | 2 | 2 | 2 | 2 | 2 | 1 | 1 |
| 9 am to 10 am | 2 | 2 | 2 | 2 | 2 | 2 | 1 |
| 10 am to 11 am | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 11 am to Noon | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| Noon to 1 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 1 pm to 2 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 2 pm to 3 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 3 pm to 4 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 pm to 5 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 5 pm to 6 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 6 pm to 7 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 7 pm to 8 pm | 2 | 2 | 2 | 2 | 2 | 2 | 2 |
| 8 pm to 9 pm | 1 | 1 | 1 | 1 | 2 | 1 | 1 |
| 9 pm to 10 pm | 1 | 1 | 1 | 1 | 1 | 1 | 1 |
| 10 pm to 11 pm | 1 | 1 | 1 | 1 | 1 | 1 | - 1 |
| 11 pm to Midnight | 11 | 1 | 1 | 1 | 1 | 11 | 1 |

| Additional | conditions: | | |
|------------|-------------|--|---|
| | | | |
| | | | |
| | | | • |